

ULSTER BANK Premier League

Winners 2010: North Down

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30 April

Bangor v Instonians
 Carrickfergus v Waringstown
 CSNI v Ballymena
 Muckamore v CIYMS
 North Down v Lisburn

2 May

Bangor v Ballymena
 Carrickfergus v CSNI
 Lisburn v Instonians
 Muckamore v North Down
 Waringstown v CIYMS

7 May

CIYMS v Bangor
 Instonians v Waringstown
 Lisburn v CSNI
 Muckamore v Ballymena
 North Down v Carrickfergus

8 May

North Down v CIYMS

21 May

Bangor v Carrickfergus
 CSNI v Muckamore
 Instonians v Ballymena
 Lisburn v CIYMS
 Waringstown v North Down

4 June

Bangor v North Down
 Carrickfergus v Instonians
 CIYMS v Ballymena
 Muckamore v Lisburn
 Waringstown v CSNI

11 June

CIYMS v Instonians
 CSNI v Bangor
 Lisburn v Carrickfergus
 Muckamore v Waringstown
 North Down v Ballymena

18 June

Ballymena v Lisburn
 Carrickfergus v Muckamore
 CSNI v CIYMS
 Instonians v North Down
 Waringstown v Bangor

25 June

Ballymena v Waringstown
 CIYMS v Carrickfergus
 Lisburn v Bangor
 Muckamore v Instonians
 North Down v CSNI

2 July

Bangor v Muckamore
 Carrickfergus v Ballymena
 Instonians v CSNI
 Lisburn v Waringstown

9 July

Ballymena v CSNI
 CIYMS v Muckamore
 Instonians v Bangor
 Lisburn v North Down
 Waringstown v Carrickfergus

16 July

Ballymena v Bangor
 CSNI v Carrickfergus
 CIYMS v Waringstown
 Instonians v Lisburn
 North Down v Muckamore

23 July

Ballymena v Muckamore
 Bangor v CIYMS
 Carrickfergus v North Down
 CSNI v Lisburn
 Waringstown v Instonians

30 July

Ballymena v Instonians
 Carrickfergus v Bangor
 CIYMS v Lisburn
 Muckamore v CSNI
 North Down v Waringstown

6 August

Ballymena v CIYMS
 CSNI v Waringstown
 Instonians v Carrickfergus
 Lisburn v Muckamore
 North Down v Bangor

13 August

Ballymena v North Down
 Bangor v CSNI
 Carrickfergus v Lisburn
 Instonians v CIYMS
 Waringstown v Muckamore

20 August

Bangor v Waringstown
 CIYMS v CSNI
 Lisburn v Ballymena
 Muckamore v Carrickfergus
 North Down v Instonians

27 August

Bangor v Lisburn
 Carrickfergus v CIYMS
 CSNI v North Down
 Instonians v Muckamore
 Waringstown v Ballymena

3 September

Ballymena v Carrickfergus
 CIYMS v North Down
 CSNI v Instonians
 Muckamore v Bangor
 Waringstown v Lisburn